

# Xanamem™: an 11 $\beta$ -HSD1 Inhibitor in current development for the management of Alzheimer's disease (AD)

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# Disclosures

- *I have been supported for travel to this meeting by Actinogen who I also have a consultancy arrangement with through the University of Edinburgh.*
- *I have also provided paid consultancy work over the last 5 years for:*
  - *AbbVie, Eisai, Sanofi-Aventis, Merck, Janssen, Nutricia, Novartis, Prana Biotechnology, Actinogen, Roche, Biogen, Lundbeck, Aptiv Solutions and GSK*
- *I also co-lead the EPAD Consortium which is a public:private partnership with several pharmaceutical companies and SMEs*

# Presentation Overview

1. Role of HPA Axis and Cortisol in Alzheimer's disease
2. Mechanism of action, pre-clinical and clinical work with central  $11\beta$ -HSD-1 Inhibition
3. The Xanadu Study of Xanamem<sup>TM</sup> in Mild Alzheimer's Dementia

# Elevated circulating cortisol levels may contribute to AD pathogenesis<sup>(1,2)</sup>.

- Direct:

- [1] increase levels of amyloid precursor protein (APP) and BACE leading to increased A $\beta$ 42 formation

- [2] reduced A $\beta$ 42 degradation via attenuation of insulin degrading enzyme<sup>(3)</sup>

- Indirect:

- [1] Insulin resistance,

- [2] angiopathic and antiangiogenic actions

- [3] increased excitatory (N-methyl-D-aspartate) neurotransmission

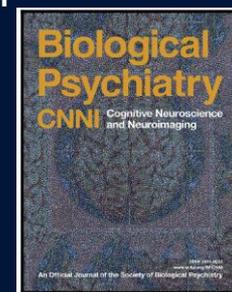
- [4] Increased postsynaptic calcium signaling promoting neurotoxicity metabolic endangerment of neurons, and deleterious alterations in neuroimmune function<sup>(4)</sup>

# Plasma cortisol, brain amyloid- $\beta$ , and cognitive decline in preclinical Alzheimer's disease: a 6-year prospective cohort study<sup>1</sup>

<sup>1</sup>Pietrzak RH et al., Biological Psychiatry, Cognitive Neuroscience and Neuroimaging (ePrint) 2016

## METHOD

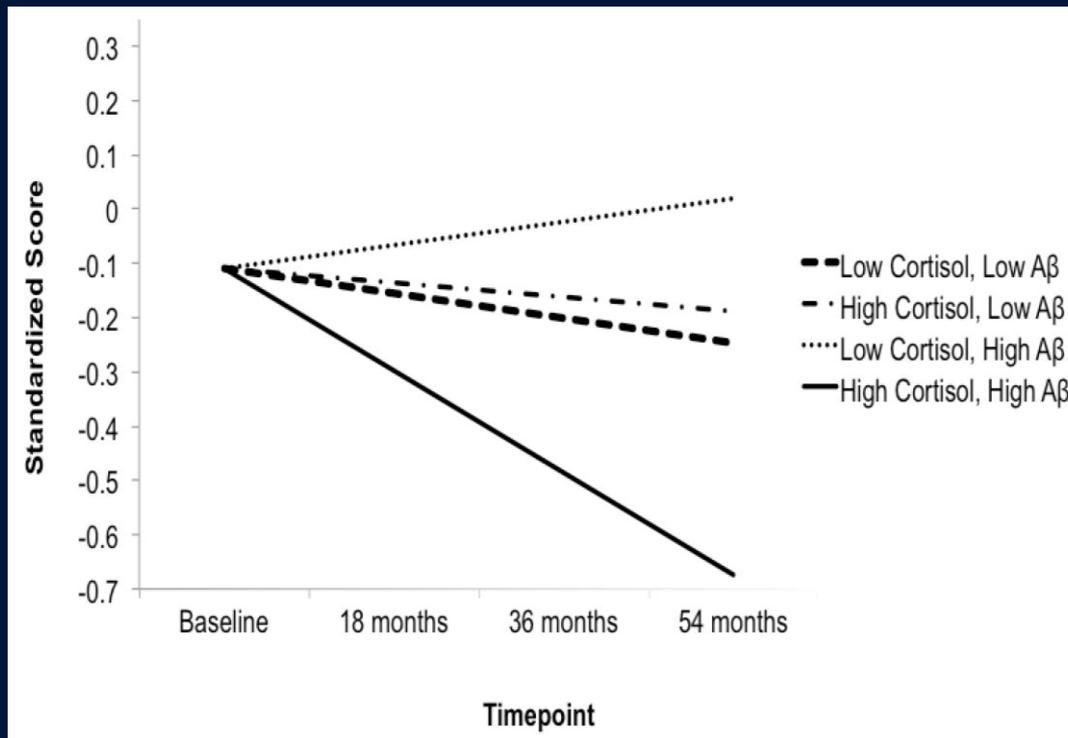
- Cognitively normal older adults (n=416) enrolled in the AIBL study underwent A $\beta$  neuroimaging at a single timepoint. Fasted cortisol were dichotomized using a median split procedure.
- Five cognitive composites were derived: Episodic Memory, Executive Function, Attention, Language and Global Cognition
- Latent growth curve models were conducted to evaluate the relation between baseline plasma cortisol and A $\beta$  levels, other risk factors, and cognitive composite scores over the 72-month study period.



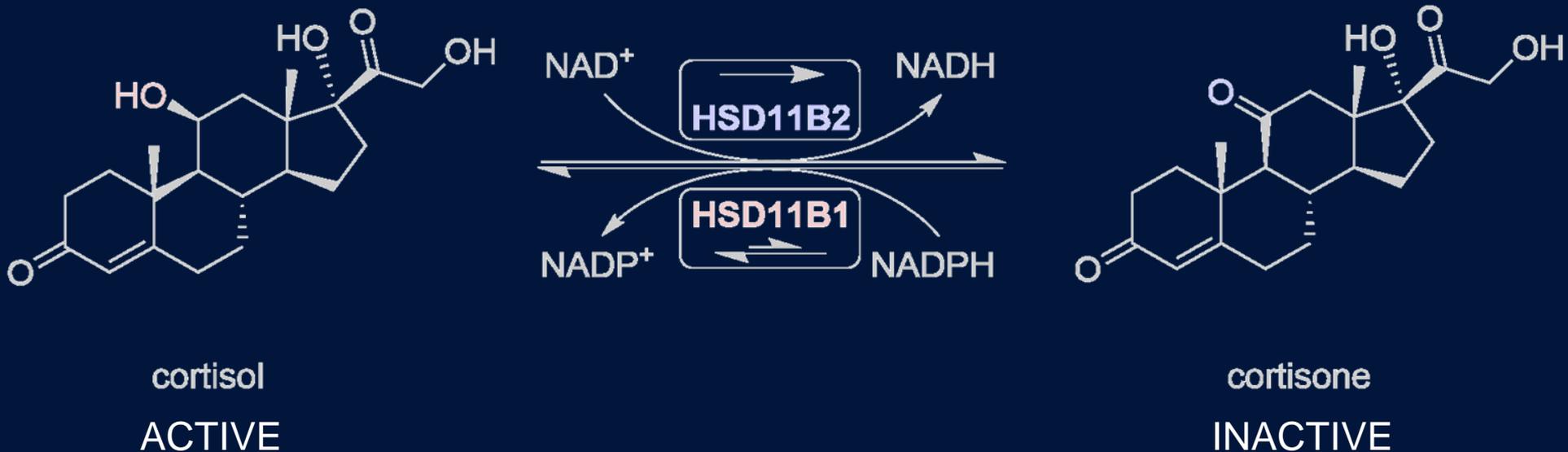
# RESULTS

• High baseline plasma cortisol levels associated with 2.2 times the risk of  $A\beta^+$  and associated with greater decline in global cognition (Cohen's  $d=0.42$ ), episodic memory (Cohen's  $d=0.69$ ), and attention (Cohen's  $d=0.31$ )\*.

• \*Effects were independent of age, education, premorbid intelligence, *APOE* and *BDNF* genotype, subjective memory complaints, vascular risk factors, and depression and anxiety symptoms.



# Function of $11\beta$ -HSD1



## **Cognitive and Disease-Modifying Effects of 11 $\beta$ -Hydroxysteroid Dehydrogenase Type 1 Inhibition in Male Tg2576 Mice, a Model of Alzheimer's Disease**

Karen Sooy, June Noble, Andrew McBride, Margaret Binnie, Joyce L. W. Yau,  
Jonathan R. Seckl, Brian R. Walker, and Scott P. Webster

University/BHF Centre for Cardiovascular Science (K.S., J.N., A.M., M.B., J.L.W.Y., J.R.S., B.R.W., S.P.W.),  
Queen's Medical Research Institute, and Centre for Cognitive Aging and Cognitive Epidemiology  
(J.L.W.Y., J.R.S.), University of Edinburgh, Edinburgh EH16 4TJ, United Kingdom

### **METHODS**

#### **Short Term Study:**

14 month old mice: UE2316 10mg/kg/d through SC route (n=20 1:1 active:placebo)

#### **Long Term Study:**

6-7 month old mice fed UE2316 (n=32) or control diet (n=16) for up to 57 weeks

#### **Behaviour:**

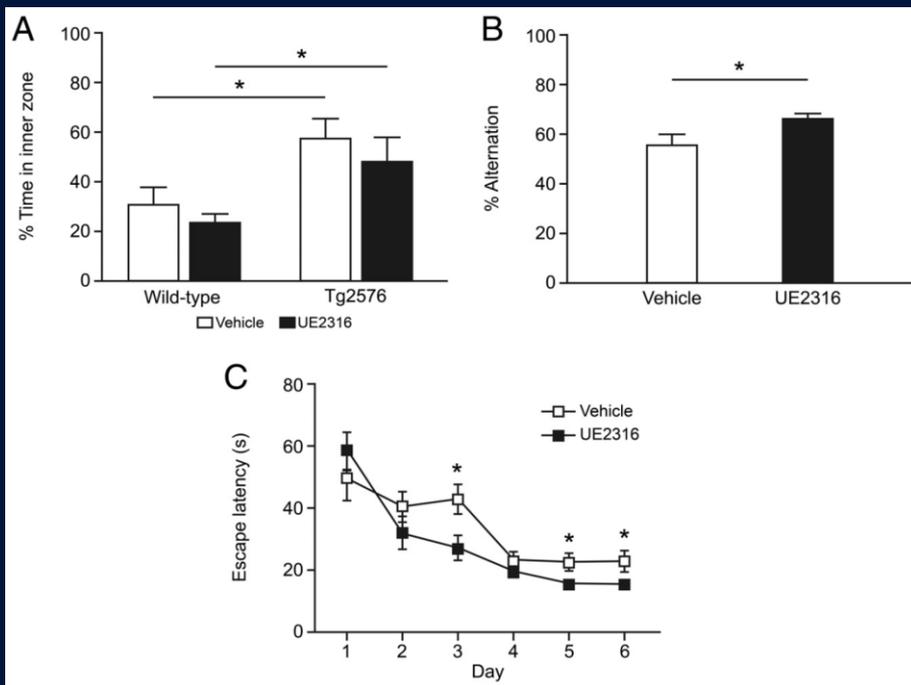
Memory in Passive Avoidance, Y-Maze Testing, Open Field Testing, Spontaneous  
Alteration and Morris Water Maze

#### **Immunohistochemistry**

Cortical Amyloid Plaque Number and Plaque Area

# 11 $\beta$ -HSD1 Inhibition in TG2476 Mice

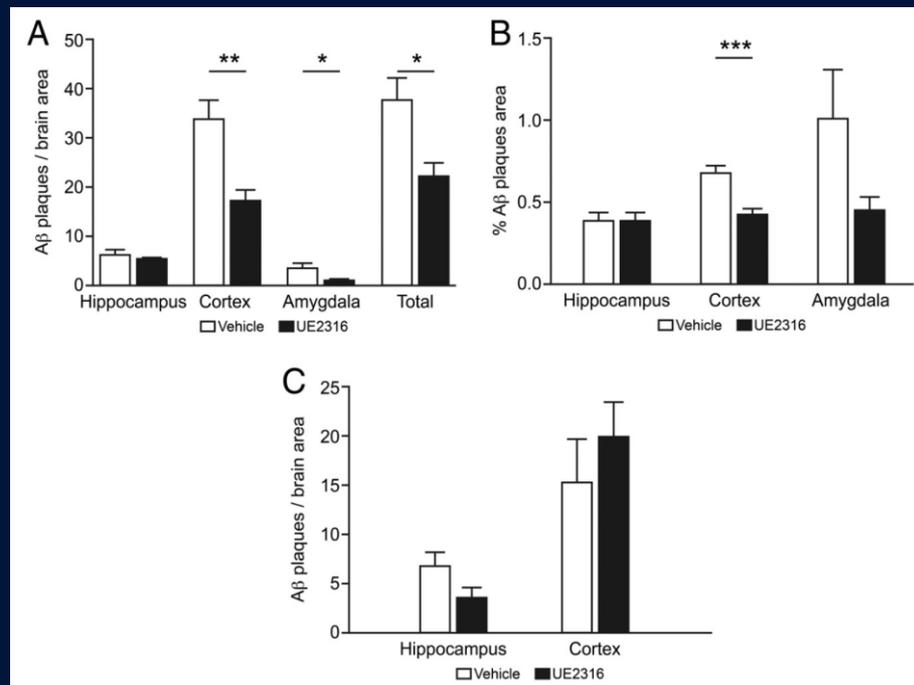
## Selected Behavioral Improvements



Impact of 11 $\beta$ -HSD-1 inhibition on [A] Open field [B] Spontaneous Alteration and [C] Morris Water Maze

(Sooy et al. Endocrinology 156: 4592–4603, 2015)

## Reduced Amyloid Plaque Burden



Impact of 11 $\beta$ -HSD-1 inhibition on [A] Short Term Plaque Number, [B] Short term Plaque Area and [C] Long Term Plaque Number

# 11 $\beta$ -Hydroxysteroid dehydrogenase inhibition improves cognitive function in healthy elderly men and type 2 diabetics

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## In two double-blind, placebo RCT crossover studies, carbenoxolone

- Improved verbal fluency ( $P < 0.01$ ) after 4 weeks n=10 elderly men (aged 55–75 y)
- Improved verbal memory ( $P < 0.01$ ) after 6 weeks n=12 type 2 diabetics (52–70 y).

**Influence of carbenoxolone on cognitive function in healthy elderly men and patients with type 2 diabetes**

Cognitive domain	Neuropsychological measures	Healthy elderly subjects			Patients with type 2 diabetes		
		Placebo with amiloride mean (SD)	Carbenoxolone with amiloride mean (SD)	<i>P</i>	Placebo with amiloride mean (SD)	Carbenoxolone with amiloride mean (SD)	<i>P</i>
Executive function	Verbal fluency	40.6 (12.4)	44.2 (10.6)	<b>0.006</b>	42.2 (8.4)	42.7 (6.4)	0.48
Memory							
Visual	WM visual reproduction	59.2 (18.2)	66.2 (8.4)	0.28	59.9 (13.3)	60.2 (7.9)	0.94
Verbal	WM logical memory	47.0 (19.2)	53.2 (18.1)	0.13	49.7 (13.8)	49.7 (17.7)	0.78
	Rey AVLT	51.5 (10.5)	53.9 (8.5)	0.47	55.2 (8.0)	58.8 (5.2)	<b>0.005</b>
Nonverbal reasoning	RSPM	45.1 (5.9)	46.3 (8.5)	0.45	44.0 (6.6)	45.4 (8.0)	0.17
Processing speed	DSST	50.7 (7.8)	51.9 (8.5)	0.70	50.3 (6.7)	50.6 (5.5)	0.78

WM, Wechsler Memory Scale-revised; AVLT, Rey Auditory Verbal Learning Test; RSPM, Ravens Standard Progressive Matrices; DSST, Digit Symbol Substitution test. Values in bold indicate a significant difference compared with placebo.

# Summary of Background

- Strong biological basis for aetiological role of elevated central cortisol in AD pathology.
- Epidemiological work associates elevation of cortisol with AD pathology and clinical progression
- Interventions studies in pre-clinical and clinical models with 11- $\beta$ HSD1 showing promise
- Rational target for further clinical trials for symptomatic and potentially disease modifying treatments for Alzheimer's dementia.

# XanADu (Xanamem in AD)

- A Phase II, Double Blind, 12-Week, Randomised, Placebo-Controlled Study to Assess the Safety, Tolerability and Efficacy of Xanamem™ in Subjects with Mild Dementia due to Alzheimer's Disease
- Primary objective: Performance of Xanamem™ from Baseline to end of treatment compared to placebo in ADAS-Cog v14 (2 points) & ADCOMs
- Secondary objectives include RAVLT, CDR-SOB, MMSE, NPI & NTB<sub>(exec)</sub>

# XanADu (Xanamem in AD)

- Key subject inclusion criteria includes:
  - Mild dementia due to Alzheimer's disease
  - MMSE 20 to 26 (inclusive)
  - CDR of 0.5 to 1.0
  - On a stable dose of acetylcholinesterase (AChEI) and/or memantine (at least 3 months prior to Screening) OR treatment-naïve. Initiating AChEIs or memantine during the study will not be permitted

# XanADu (Xanamem in AD)

- Initiating in US, Australia and UK in 2017
- 174 patients with mild Alzheimer's dementia to be randomised
- Excellent PK and Brain Penetration to achieve optimal central 11b-HSD1 inhibition with no/minimal peripheral effects

# Summary

- Epidemiological, biological and (limited) trial evidence associates elevations in cortisol with Alzheimer's disease and clinical progression.
- $11\beta$ -HSD1 Inhibition is a targetable and rational approach to symptomatic and disease modification in Alzheimer's disease.
- The XanADu study is the first Phase 2 trial of Xanamem for symptomatic benefit in Mild Alzheimer's dementia – initiating in 2017.